

Name of School:



**MAKE A MELODY**  
Arts Therapy and Counselling

## Consent Form

**THE INFORMATION YOU SUPPLY ON THIS FORM WILL BE TREATED IN CONFIDENCE.**

Please Place a 'X'

<b>1. Who Is Completing This Form?</b>	<input type="checkbox"/>	I am a parent/guardian consenting for my child
	<input type="checkbox"/>	I am a teacher/school contact consenting for a pupil
	Yes	No
		If a teacher/school contact, have you gained consent from parent/guardian? <i>This is a requirement for counselling/therapy.</i>
<b>2. Name and Surname:</b>	<input type="text"/>	
<b>3. Relationship to Pupil:</b>	<input type="text"/>	
<b>4. Pupil Name and Surname:</b>	<input type="text"/>	
<b>5. Pupil Date of Birth:</b>	<input type="text"/>	
<b>6. Pupil School:</b>	<input type="text"/>	

### What is Counselling?

Counselling provides pupils with a safe and confidential space to talk about their feelings, challenges, and mental health concerns with a trained professional. It aims to support their emotional well-being, helping them manage issues that may affect their academic performance and personal development.

### What are the Arts Therapies?

The Arts Therapies consist of Music, Art, and Drama Therapy, each offering a safe, creative and confidential space for self-exploration, emotional expression and support. Often people find that the arts can bypass the use of words alone, and sessions are adapted to meet each person's interests and needs and may include music-making, art-work, dance and movement, singing, verbal conversation, music listening, & song writing.

By **signing**, you are **consenting** to the pupil **receiving counselling/therapy** with a Make A Melody counsellor/therapist. You are also agreeing to the terms and conditions found at:

[www.makeamelody.co.uk/terms-and-conditions](http://www.makeamelody.co.uk/terms-and-conditions) [www.makeamelody.co.uk/privacy-notice](http://www.makeamelody.co.uk/privacy-notice)

**Signed:**

(Typed is okay)

**Date:**

## RETURNING THIS FORM



### By Hand or Post:

Make A Melody Ltd.  
12 Gibsons Park  
Lurgan  
BT66 7XE

### By E-Mail:

referrals@makeamelody.co.uk

### Enquiries:

Telephone: 028 3881 0141